

# Forest Focus

Term 2 Week 10, 2 July 2020

## Principal's Message

### End of term 2

As the end of term approaches I would like to wish all our families a safe and happy holiday. Term 3 resumes on Tuesday 21 July. Children should wear full winter uniform. Please ensure hats, jackets and fleeces are clearly named so they can be returned if they are lost.

Canteen will reopen for **full service** from the beginning of term 3. Thank you to Charlotte and Carrie for managing this service for families.

The DoE restrictions around parents on site continues in Term 3 at this stage. That means drop off and pick up arrangements will continue as they currently are. As soon as there is any change to this I will let parents know. Parents are encouraged to continue to touch base with their child's teacher via email or phone.

Multisport will commence again in Term 3 with a non-contact program. Children should wear their sport uniform on a Monday. K-2 sport will be held on a Friday afternoon and 3-6 sport on a Friday morning.

### Reports

Teachers are finalising semester 1 reports this term and they will be ready to go home early next term. The semester 1 report will look different to our usual report. It will include a summative account of student progress and achievement on the English and maths learning covered both at school and at home over the semester. Thank you to parents who responded to the home learning reflection. Teachers have included this information on the report.

### Uniform survey

Thank you to the parents who responded to the uniform survey. We had an overwhelming response in favour of reviewing the current uniform with a lot of useful suggestions. If you are interested in being part of the review committee to now decide on uniform options please email me. We can do this by email or zoom. [Gail.margaret.smith@det.nsw.edu.au](mailto:Gail.margaret.smith@det.nsw.edu.au)

### Awards

Thank you to parents who emailed me about our proposed changes to the award system. We had an overwhelmingly positive response from parents to move forward with the changes. We chatted to year 5 and year 4 children to also get their views and received a predominantly positive response from the children. I thought parents may like to hear what the children had to say so I have included some of their comments.

Positive:

1. I'm excited for the new award system
2. It is better because you actually have a reason why you got the award

3. I like that there is no trading
4. I think it's awesome because you don't have to save up blues anymore, I love the year 5 and 6 journal by the way
5. If you come in year 2 or later you still have a chance to get a medal
6. You don't receive an award that you don't know what you did to receive it
7. I think it's a great idea and I think we should work a bit harder to get our awards
8. Makes you feel better about getting it
9. In fact I LOVE IT! thank you so much teachers! (I had to include this one...)

Negative:

1. The older system has been happening for pretty much the whole time the school existed. It would be upsetting for people who don't like change eg: me. With the old system you don't really have to work for the medal.
2. The awards I've collected don't become something now. (this student also commented they are excited for the new system)
3. It will take a while to get used to it.
4. I liked the trading: I don't like change
5. Because of the new system I won't get a medal in year 4
6. The majority of children didn't have a negative comment

**Gail Smith**

Principal

## ***Respectful Responsible Learner***

The focus for this fortnight is:

I am a learner when I ask for help / accept challenges and opportunities.

## ***Assembly Award Winners***

**Term 2 Weeks 8 and 9**

### **SILVER AWARD RECIPIENTS**

Kiran S, Levi A, Cooper F, Andrew T, Campbell A, Justin T, Aidan A, Sanika S, Ashleigh M, Ankita S, Abigail F, Ebba C, Cerys N

### **GOLD AWARD RECIPIENTS**

Kevin T, Ethan D

## ***School News***

**If the day starts with 'T' we are going wrapper free!**

Over the last 18 months, Frenchs Forest Public School students, teachers and families have done a great job of reducing the amount of rubbish we produce at school. As we are not producing as much waste we no longer have the need for as many bins anymore. The school has purchased four big bins for the students to place their rubbish into when they are in the playground.

After the initial success of Wrapper Free Thursday, we have decided to extend our wrapper free day to Tuesday as well. Each Tuesday and Thursday we ask students to bring their recess and lunch to school without any wrapper waste. This can be achieved through using compartments

in lunch boxes, Tupperware containers or reusable and washable wraps. Remember, if the day starts with 'T' we are going wrapper free!

Thank you kindly for your support with this project and making our school a more environmentally friendly place.



## P & C News



### Canteen

[ffpspandccanteen@gmail.com](mailto:ffpspandccanteen@gmail.com)

We are pleased to announce that the canteen will be open for FULL SERVICE from Wednesday 22 July.

An updated menu for Term 3 has been sent to all families. Please note that there are some changes to the menu. We have sourced a new drink called Chill J to replace OKF's. Penne bolognese and raisin toast are also available. We have also had to increase some of our prices to reflect our current economy and lack of volunteers. Please ensure you give your children the correct amount of money.

You can now order recess for your children via School24. Children should come to the canteen at the first recess bell to collect their order.

Keep your eye out for Special food days this term. We are excited to be back up and running.

[www.school24.com.au](http://www.school24.com.au)

Click '**Login/Register**'

Select '**Create Account**'

Enter our school registration ID # **2517963** and your details.

Select '**Sign up**'.

**Charlotte Nash**

Canteen Convenor



## ***Band***

[ffpspandcband@gmail.com](mailto:ffpspandcband@gmail.com)

Congratulations to all of our band members who have continued to practice and enjoy their music over this time of disruption. Your enthusiasm and dedication should be commended.

We are thrilled to advise that all bands will be returning for normal weekly rehearsals, commencing week 1, term 3.

**Training Band:** Tuesday 8 – 9am, Thursday 8-9am.

**Intermediate Band:** Monday 8-9am, Wednesday 3.15-4.15pm.

**Performance Band:** Monday 3.15-4.15pm, Wednesday 8-9am.

**Stage Band:** Friday 7.45 – 8.45am.

Details on continued hygiene and social distancing requirements for the band program will be sent to band families directly.

**Diana Turner**

Band Convenor



## ***Fundraising***

[ffpspandcfundraising@gmail.com](mailto:ffpspandcfundraising@gmail.com)

### **COOKBOOK SUBMISSIONS CLOSING**

Thank you to everyone for submitting their recipes – **you only have a few days left** to get your recipe and photos into the book as I will be editing it over the holidays ready to print.

Submissions will close on Sunday night 5 July.

To submit your recipe:



## How to get involved:

Pick **one recipe per child** from your collection of family favourites. This could either be from a published cookbook, Grandma's handwritten notes, or maybe you just made it up!

Go to [www.createacookbook.com.au](http://www.createacookbook.com.au) and click on "Submit a Recipe". Pick FFPS from the dropdown.

### Fill out the easy template

Make the recipe with your kids and take **photos!** Email up to 3 photos per recipe to [ffpspandcfundraising@gmail.com](mailto:ffpspandcfundraising@gmail.com) with the child's name, class and recipe name.

If you would prefer not to include your children in the photos you can just show the finished product, or even draw a picture of your family and scan it.

All recipes and photos must be submitted by 5<sup>th</sup> July



## THANKYOU TO OUR AMAZING SPONSORS

I have been overwhelmed by the show of support from local businesses for this initiative. Please take a moment to acknowledge these fabulous companies who have become a part of our school community:

### PUBLISHING PARTNER

Belrose Tutoring Academy supports many local community initiatives, and has gladly offered to be our Publishing Partner. Their significant donation represents their passion for giving back to the community and they are enthusiastic partners for this project! Look out for their recipes in the cookbook. A

HUGE thankyou to BTA for their support.

[www.belrosetutoring.com](http://www.belrosetutoring.com)

**Belrose Tutoring Academy**  
Experienced. Modern. Results.



Your home,  
our home,  
and online!



### MAJOR SPONSOR

We are absolutely thrilled to announce Forestway Shopping Centre as a major sponsor of our cookbook. As our local centre who so many of us visit every day for the much needed coffee after school drop off or to pick up food for dinner, Forestway are proud to give back and show their support by partnering with FFPS on this cookbook. It's nice to see the local community helping each other out.

 **Forestway**  
Shopping Centre



## MAJOR SPONSOR

First National Real Estate continually supports our school fundraising initiatives and has come on board as a Major Sponsor for the cookbook. We thank Michael Buckley and his team for their ongoing contributions.

[www.fnfrenchsforest.com.au](http://www.fnfrenchsforest.com.au)



**first national**  
REAL ESTATE | The Forest

## GOLD SPONSOR

Chargrill Charlie's is very happy to be a Gold Sponsor of our cookbook. Luke and his team have submitted one of their signature recipes for the cookbook and even donated the delicious salad to the teachers and staff for lunch! Thankyou Chargrill Charlie's!!!!

[www.chargrillcharlies.com](http://www.chargrillcharlies.com)



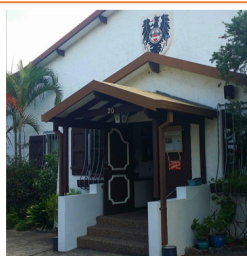
**Chargrill Charlie's (Frenchs Forest)**

@ccfrenchsforest - Chicken Joint

## GOLD SPONSOR

The Austrian Club is a local gem that is proud to support our cookbook and school community. Find their traditional Austrian recipe in our book, straight from their restaurant to your home! Thankyou to the team at The Austrian Club for your contribution.

[www.austrianclubsydney.com](http://www.austrianclubsydney.com)



## SILVER SPONSOR

We are very happy to have Mix Masala as a silver sponsor, and to support this family business from our very own school community!! Can't wait to try one of Azeema's traditional recipes using her locally produced, hand crafted sauces, so look out for it in our cookbook.

[www.mixmasala.com.au](http://www.mixmasala.com.au)



## CONTRIBUTORS

Thankyou to these businesses that have also contributed to our fundraising initiative.



[www.chopbutchery.com.au](http://www.chopbutchery.com.au)



If you are involved in a business that would like to sponsor our cookbook please let me know. Email [ffpspandcfundraising@gmail.com](mailto:ffpspandcfundraising@gmail.com) in the next week. All donations are tax deductible.

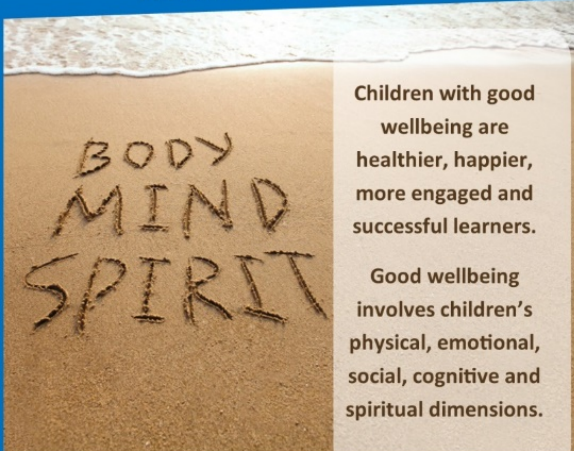
Thank you everyone for being so enthusiastic about the cookbook, it won't be long until we are able to see our creation in real life! Have a happy and safe school holidays.

**Pip Bucknell**

Fundraising Convenor

## Live Life Well @ School

### WEEKLY WELLBEING



Children with good wellbeing are healthier, happier, more engaged and successful learners.

Good wellbeing involves children's physical, emotional, social, cognitive and spiritual dimensions.

Help your kids achieve better wellbeing with the help of the NSW Department of Education's *Weekly Wellbeing Challenge*.

Search for 'Weekly Wellbeing Challenge at:  
[www.education.nsw.gov.au](http://www.education.nsw.gov.au)



Developed by Northern Sydney Local Health District

## Live Life Well @ School

### HEALTHY & FUN DRINKS



#### Make Fruit Water Infusions

Try different combinations from ingredients such as cucumbers, oranges, lemons, berries or herbs.

Try using items from your own garden if you have them e.g. mint, rosemary, lemon grass.

Let your combinations infuse for about an hour and then enjoy the fresh taste! (add ice to suit)

*Tip: compost the organic waste if you can.*

#### Recommended daily fluid intake:

- 5 glasses (1 litre) for 5 to 8 year olds
- 7 glasses (1.5 litres) for 9 to 12 year olds

[healthdirect.gov.au/hydration-tips-for-children](http://healthdirect.gov.au/hydration-tips-for-children)



Developed by Northern Sydney Local Health District



**Frenchs Forest Public School**

Young Minds Bright Futures

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