

Forest Focus

Term 2 Week 6, 4 June 2020

Principal's Message

Awards

We are currently not allowed to hold school assemblies so we will continue to hand out blue awards in class once a week. Silver and gold awards will be presented by Mrs Smith in each classroom. School medals and swimming age champion medals will be held over until we are allowed to celebrate together, hopefully term 3.

Department of Education supporting casual staff

The department of Education has made a commitment to support casual teachers and has allocated public schools with 'extra' teachers for Term 2. We have received 6 casual days a week for the remainder of the term. Mr McCarthy and Mrs Rodgers will be working alongside our classroom teachers to support children's learning in the classrooms.

Bikes

It is wonderful to see so many families taking up the opportunity to walk or ride to school. A reminder that children under 10 must be accompanied by a parent if they are riding to school. Bikes and scooters may be stored in the bike rack behind the canteen. Children will need to walk their bikes and scooters through the playground to the bike rack.

Polar Fleecees

The uniform shop has a small number of fleecees left over from last year. If you would like to purchase one please email the uniform shop directly at ffspandcuniformshop@gmail.com to see if they have your child's size.

COLA

We are excited that the COLA (covered outdoor learning area) is almost complete. You will have noticed the FFPS Building Fund (tax deductible gift receipt) on term accounts – any gifts this year will go towards the fit out of the COLA - BBQ, tables and chairs, lights etc...

Gail Smith

Principal

Respectful Responsible Learner

The focus for Week 6: I am a learner when I am prepared and ready to learn
The focus for Week 7: I am a learner when I co-operate with others

Assembly Award Winners

Term 2 Week 5

SILVER AWARD RECIPIENTS

Georgia C, Chantelle L, Edie D, Amelia B, Amelia C, Jacob Y, Amelia D

GOLD AWARD RECIPIENTS

Max N, Kyla E, Nash S, Caleb C, Olivia C

P & C News



President's Report

ffpspandcpresident@gmail.com

Welcome back to being at school!

The new normal we find ourselves looking for lately has brought many different things to us all. Challenge, change, re-prioritisation, re-invention. The P&C has been no exception. We find ourselves thrust into improvements to better serve our community, such as uniform ordering online to be launched soon. We have obtained the option to extend the P&C meetings online – now you can attend via zoom from the comfort of your ugg!

We also find ourselves with a few positions currently vacant. With many life changes going around, there's never been a better time to consider if one of these could be the perfect fit for you or someone you know. I can personally vouch for how rewarding it can be.

Treasurer – Volunteer Role

This is a role that can be done almost completely from home. Working closely with the 2 Assistant Treasurers and the rest of the team, the role generally requires only a few hours each month. Your key duties include oversight of financial records and payroll being completed in Xero Software, Quarterly BAS, oversight of cash handling and general accounting compliance and advice. You also attend P&C meetings during which you provide a quick finance report to the committee. Sound knowledge of accounting is desirable. This vital volunteer role not only enables what we do for our school community but looks great on a resume.

Uniform Shop Manager – Paid Position

This is a rare paid role within the P&C. It offers 3 hours at the Uniform Shop each Friday morning during school term, plus first morning each term and Kindy Orientation. Working closely with the Uniform Shop Convenor, your key duties involve filling orders, processing payments/banking, ordering stock, packing it on the shelves, and once restrictions allow, opening and running the store as well as managing the volunteer helpers roster. You also conduct occasional stocktakes, attend uniform committee meetings and make sure the shop is kept clean and secure.

If you are interested in either of these positions please email me or any of the team for more details.

Our next meeting is 15 June at 7.30pm. Details below - hope you can join!

Join Zoom Meeting

<https://us04web.zoom.us/j/8998523763?pwd=UHRPUVFycU92YIF6eUFPbzV3aXg5QT09>

Meeting ID: 899 852 3763

Password: 741607

Julie Figgis

ffpspandcpresident@gmail.com



Fundraising

ffpspandcfundraising@gmail.com

Cookbook

Submissions for the Cookbook are still open – we have received 70 recipes so far which is great but I would still love to receive many more. If you haven't sent one in yet please do! If you are short on time and can't make the recipe at home you can simply fill in the recipe form on the website and I can use a stock image to represent the finished product. Also, the recipe can be as simple or as complicated as you like – there is no pressure to be a MasterChef contestant!! It's just about getting involved and having some fun. I am LOVING seeing the kids in the kitchen and their proud faces in the photos coming through! The cookbook will be a fabulous keepsake as well as a great gift for grandparents for Christmas, so get involved and be part of the fun.



Cookbook Submission Date Extended

Thankyou to everyone who has submitted recipes and photos so far - we had a huge response this week! We would still love to have one recipe from each student (or from each family if that is easier for you) so we have extended the submission date.

If you haven't sent in a recipe yet NOW IS THE TIME!!!

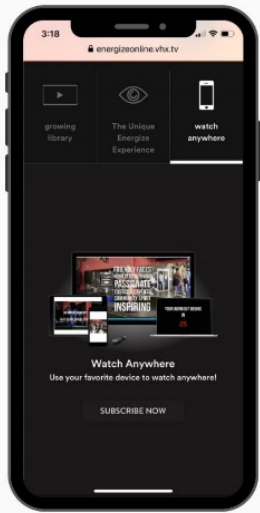
Go to www.createacookbook.com.au and click "submit a recipe". Find FFPS in the dropdown and fill in the form. Then send some photos to ffpspandcfundraising@gmail.com



Energize Health Club Fundraising Offer

Energize Health Club is offering families and friends of FFPS a special deal giving a FREE 7-day trial of their Energize Online program, plus 50% off the first month if you choose to subscribe, PLUS they will donate \$10 from every subscription to our school. Offering you a trifecta of options for just \$12.50/week. You can choose to attend Outdoor Group Workouts or

workout at home by streaming one of the 120+ on-demand videos, or by meeting up virtually with a bunch of other subscribers and your trainer for a LIVE online session via Zoom. Energize Online also offers FREE kid fit classes! They'll keep your primary - aged children happy while you have your hot cup of tea! All for just \$12.50/week. Head over to www.energizeonline.vhx.tv and subscribe using our code **FFPS**.



WE CAN HELP!

WORKOUT ON DEMAND

Barre, Meditation, Live Longer Be Stronger, HIIT, Fat Burner, Yoga, Pilates, Zumba, Pump, Combat, Stretch, Technique videos, Nutrition.... over 100 videos (and growing!) for you to stream and watch, at your own pace! Pause, rewind (or fast forward 🏃) and watch as many times as you like! Join in from the comfort of your own home, at your own pace.


LIVE CLASSES AND PERSONAL TRAINING

LIVE group classes and LIVE Personal Training for you to participate in, in real time! Perfect for those who are missing their community connections. Your favourite trainers and instructors will be your hosts. Book ahead on www.energizeonline.vhx.tv (single sessions available!)

CONNECTING OUR COMMUNITY

You know we love a bit of community vibe at Energize..... so why not get competitive with your family/friends and try ISO TRIVIA? OR keep the kids happy and moving with KID FIT or KIDS CRAFT. These are all **FREE** and available to you and your friends at anytime!

WE WOULD LOVE TO SEE OUR COMMUNITY COME OUT OF THIS PANDEMIC HEALTHIER AND HAPPIER. HOW CAN YOU MAKE THIS YOUR REALITY?

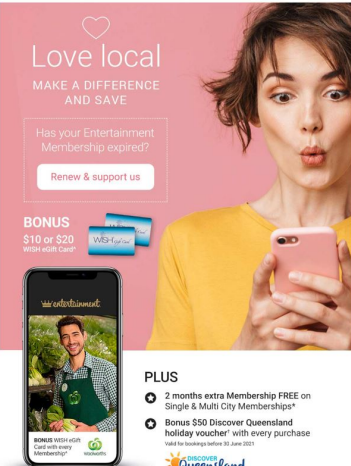


HEAD OVER TO
WWW.ENERGIZEONLINE.VHX.TV

Entertainment Book

As always, if you're looking to renew or purchase an Entertainment Book subscription please use this link and a portion of the subscription fee will be donated to our school:

<https://www.entertainment.com.au/orderbooks/200y050>



Love local
MAKE A DIFFERENCE AND SAVE

Has your Entertainment Membership expired?

[Renew & support us](#)

BONUS
\$10 or \$20 WISH eGift Card*

PLUS

- 2 months extra Membership FREE on Single & Multi City Memberships*
- Bonus \$50 Discover Queensland holiday voucher* with every purchase. Valid for bookings before 31 June 2021.

AND WIN 1 of 5 x \$1000 WISH eGift Cards*

Renew today to go into the draw!

[Renew & support us](#)

20% of your Membership renewal purchase comes directly to us.

Single City	Multi City	Multi Plus
\$69⁹⁹	\$119⁹⁹	\$229⁹⁹
1 Year + 2 months EXTRA Discover all the best savings in your city	1 Year + 2 months EXTRA Enjoy savings across all of Australia, New Zealand and Bali	2 Years BEST VALUE 2 years of savings across Australia, New Zealand and Bali
\$14 to our fundraiser	\$24 to our fundraiser	\$46 to our fundraiser

Entertainment Memberships are filled with thousands of incredible savings on dining, activities, travel & shopping. **Up to 50% off and 2-for-1 deals in your city and across Australia.**

Membership BONUS

\$10 WISH eGift Card* when you purchase Single City Membership **\$69.99**

\$20 WISH eGift Card* when you purchase Multi City Membership **\$119.99** or Multi Plus Membership **\$229.99**

[Renew & support us](#)

WISH eGift Cards can be used for everyday expenses at participating Woolworths brands. Redeemable in store and online.

Redeemable in store and online at:

Woolworths, BOW, COO, CELLARMASTERS, and participating stores.

Thankyou everyone for continuing to support our fundraising initiatives while we navigate these difficult times. If you have questions about any of the above please email me ffspandcfundraising@gmail.com.

Pip Bucknell
Fundraising Convenor

Live Life Well @ School

GET ACTIVE: BIKE SAFETY

Remember to CLIP, CHECK, CHIME!

It's a great time to get active by cycling safely outdoors

Just remind your children of these three steps each time.

1 **Clip your helmet**
You must always wear a helmet when riding your bike.

2 **Check your brakes**
Make sure your brakes are working.

3 **Chime your bell**
If you pass another rider or pedestrian, chime your bell.

For more tips and a video on bike care visit:
bicycleNSW
bit.ly/BNSWCOVID

NSW GOVERNMENT

Developed by Northern Sydney Local Health District

Live Life Well @ School

DO A FAMILY SCAVENGER HUNT

Be active as a family unit and do the Bicycle NSW Scavenger Hunt activity.

Try doing the hunt by bike, scooter, or skateboard!

SCAVENGER HUNT

1. Long grass 2. Park bench 3. Water 4. Play equipment 5. Bridge 6. Dog

Download the Scavenger Hunt, and other bicycle activities and information at:
bicycleNSW
bit.ly/BNSWCOVID

NSW GOVERNMENT

Developed by Northern Sydney Local Health District



Frenchs Forest Public School
Young Minds Bright Futures

Ann Street Frenchs Forest 2086 **Phone:** 02 9451 6353 **Fax:** 02 9975 3082
Email: frenchsfor-p.school@det.nsw.edu.au **Web:** <http://www.frenchsfor-p.schools.nsw.edu.au>